

# App Settings

## **When using the video stabilization feature (while also using 4K Video Resolution) the saved video appears "jerky" or "choppy" (jitter) and is not smooth. How did I fix this?**

First thing to check is to make sure your device supports "High Efficiency" format (iPhone 7 or better; iPad 6th generation or better). See the Apple support document [Using HEIF or HEVC media on Apple devices](#) for more information.

If your device supports "High Efficiency" format make sure this is selected under the "Video Format" setting. Do this by going to ScoreCam Settings -> Video Camera (PRO) -> Custom Settings (enabled) -> Video Format -> then selecting "High Efficiency."

If your device does not support "High Efficiency" format you should not use 4K Video, otherwise you will see these video artifacts/issues.

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